

## Medication

- Queer Ear Mental Health (Ed & Koda) <https://www.queerearmentalhealth.com/>
- MindVita (Katerina) <https://mindvita.org/>
- Talkiatry (Dr Shama Milon) [Dr. Shama Milon, Psychiatrist, Rockville, MD, 20850 | Psychology Today](#)

**Queer Mental Health Initiative** [Queer Mental Health Initiative Events - 4 Upcoming Activities and Tickets | Eventbrite](#)

**Decluttering** <https://gracesgentlespaces.wordpress.com/home/services/>

## Talk Therapy

- Takoma Therapy (MD)
  - Anna Erlich "["We have to talk about liberating minds as well as liberating society" -Angela Davis Anna Ehrlich, LMSW Therapist](#)
  - Casi "["Just because we mess up doesn't mean all the lessons we learned are undone. Healing can be imperfect." - Jonathan Van Ness Casi Leisure, LGPC, \(they/them\) Therapist](#)
- Sterling Group (DC) [Meet Our Team of Therapists in Washington, DC](#)
  - Hannah & KG Greene
- Rachel Phillips Anderson (MD) (CBT-ERP & ACT) [Rachel Phillips-Anderson](#)
- Skye Bennett (VA) [@cielocounseling](#)
- Girasole Counseling (TKPK) - art therapy! Janet, [janet@girasogetherapy.com](mailto:janet@girasogetherapy.com)

## Couples

- Monica [Monica Testa](#)
- Rachael [Rachael Stern, Clinical Social Work/Therapist, Silver Spring, MD, 20910 | Psychology Today](#)